

## IMPORTANT: PLEASE READ CAREFULLY AND KEEP THIS INFORMATION FOR FUTURE USE.

BAUSCH + LOMB

# Boston SIMPLUS®

## Multi-Action Solution

For Cleaning, Removing Protein, Rinsing, Disinfecting and Conditioning Fluoro Silicone Acrylate and Silicone Acrylate Rigid Gas Permeable Contact Lenses.

**Description:** A sterile, aqueous, buffered solution that contains poloxamine, hydroxyalkylphosphonate, boric acid, sodium borate, sodium chloride, hydroxypropylmethyl cellulose, and Glucam; preserved with chlorhexidine gluconate (0.003%), polyaminopropyl biguanide (0.0005%).

**Actions:** This solution removes protein and lipids from the lens surface and also helps keep stubborn deposits away from lenses. This solution is also designed for rinsing lenses, which eliminates loosened surface deposits from the lens. A multi-polymer cushioning system conditions the lens to provide cushioning upon insertion. A humectant maintains lens wettability. This formula is designed to provide a soothing effect to your eyes. It also contains a preservative system proven effective in destroying harmful microorganisms. This solution is effective both in cleaning and disinfecting, yet is compatible with the eye upon lens insertion.

**Indications (Uses):** For cleaning, removing protein, rinsing, disinfecting, conditioning, storing and cushioning fluoro silicone acrylate and silicone acrylate rigid gas permeable contact lenses.

**Contraindications (Reasons not to use):** Do not use this solution if you are allergic to any ingredient in this product. Not For Use With Soft (Hydrophilic) Contact Lenses.

**Warnings:** To avoid contamination, never touch dropper tip of the container with your hands or to any surface. Keep bottle tightly closed when not in use.

Contact lenses and solutions, if not handled properly, can become contaminated by common bacteria known to cause ocular infections. Serious damage to the eye and loss of vision may result from using contaminated solutions or from wearing contaminated or damaged contact lenses.

**PROBLEMS WITH CONTACT LENSES AND LENS CARE PRODUCTS COULD RESULT IN SERIOUS INJURY TO YOUR EYES.** It is essential that you follow your eye care practitioner's directions and all labeling instructions for proper use of your lenses and lens care products, including the lens case.

Eye problems, including corneal ulcers, can develop rapidly and lead to loss of vision. Daily wear lenses are not indicated for overnight wear and should not be worn while sleeping. Clinical studies have shown that the risk of serious adverse reactions is increased when these lenses are worn overnight. Extended wear lenses should be regularly removed for cleaning and disinfection or for disposal and replacement on the schedule prescribed by your eye care practitioner. Clinical studies have shown that there is an increased incidence of serious adverse reactions in extended wear contact lens users as compared to daily wear contact lens users. Studies have also shown that the risk of serious adverse reactions increases the longer extended wear lenses are worn before removal for cleaning and disinfection or for disposal and replacement. Studies have also shown that smokers have a higher incidence of adverse reactions. Therefore if you experience eye discomfort, excessive tearing, vision changes or redness of the eye, immediately remove your lenses and promptly contact your eye care practitioner. It is recommended that contact lens wearers see their eye care practitioner twice each year or, if directed, more frequently.

### Soaking and Storing Your Lenses- Boston SIMPLUS® Multi-Action Solution:

- You should fill your lens case with fresh Boston SIMPLUS Multi-Action Solution every time you disinfect your lenses and never "top-off" or re-use solution. You should discard your solution immediately after your lenses have been removed from the lens case.
- You should not expose or store your lenses in or rinse your lens case with any water, such as tap, bottled or distilled, or with any non-sterile solution.

**WARNING:**  
Failure to discard solution from lens case after each use, "topping-off" solution or use of water to care for your lenses may lead to contamination resulting in eye injury and potential loss of vision.

### Rub and Rinse Time with Boston SIMPLUS Multi-Action Solution:

- After soaking, remove lenses from lens case and rub both sides of the lenses carefully with 4 drops of Boston SIMPLUS Multi-Action Solution in the palm of your hand for 20 seconds.
- Rinse for approximately 5 seconds with a steady stream of Boston SIMPLUS Multi-Action Solution to eliminate loosened surface deposits and insert lenses.

**WARNING:**  
You should follow the complete recommended lens rubbing and rinsing times in the product labeling to adequately disinfect your lenses and reduce the risk of contact lens contamination. Reduced rubbing or rinsing time may not adequately clean your lenses.  
Never use water, saline solution, or rewetting drops to disinfect your lenses. These solutions will not disinfect your lenses. Not using the recommended disinfectant can lead to severe infection, vision loss or blindness.

### Lens Case Care:

- Clean contact lens cases with digital rubbing with fresh, sterile disinfecting solution. Never use water. Cleaning should be followed by rinsing with fresh, sterile disinfecting solutions (never use water) and wiping the lens cases with a fresh, clean tissue is recommended. Air-drying or recapping the lens case lids after use without any additional cleaning methods should be avoided. If air drying, be sure that no residual solution remains in the case before allowing it to air dry.
- Replace the lens case at least once every 3 months or as directed by your eye care practitioner.
- Contact lens cases can be a source of microbial growth.

**WARNING:**  
Do not store your lenses or rinse your lens case with water or any non-sterile solution. Only use fresh solution so you do not contaminate your lenses or lens case. Use of non-sterile solution can lead to severe infection, vision loss or blindness.

### Water Activity:

- Do not expose your contact lenses to water while you are wearing them.
- Ask your eye care practitioner for recommendations about wearing your lenses during any activity involving water.

### Discard Date:

- Discard any remaining solution within 90 days after opening.

**WARNING:**  
Using your solution beyond the discard date could result in contamination of the solution and can lead to severe infection, vision loss or blindness.

### Important Safety Information:

- Always follow the product directions for use. Failure to follow product directions may lead to vision loss.
- Visit your eye care practitioner regularly
- Always wash and dry hands before handling lenses
- Do not use tap water, bottled water or saliva with lenses or lens case
- Only use fresh solution to clean and disinfect contact lenses
- Always discard any remaining solution in your lens case after each disinfection cycle
- Saline solution or rewetting drops will not disinfect your lenses
- Always replace your solutions, lenses and lens case(s) as directed
- To avoid contamination, do not touch tip of container to any surface. Replace cap after using.
- Not for use with heat (thermal) disinfection

**Precautions:** To ensure proper hygiene and handling of contact lenses and contact lens solutions, always follow label

directions carefully.

- Always discard solution from lens case after each use
- Keep the bottle tightly closed when not in use
- Store solutions at room temperature. Do not freeze.
- Use before expiration date marked on the carton and bottle
- Discard any remaining solution within 90 days after opening
- Always rinse lenses with Boston SIMPLUS Multi-Action Solution after cleaning to eliminate loosened surface deposits
- Keep out of reach of children

**Adverse Effects:** The following problems may occur:

- Eyes stinging, burning, itching (irritation)
- Excessive watering (tearing) of the eyes
- Unusual eye secretions
- Redness of the eyes
- Reduced sharpness of vision (visual acuity)
- Blurred vision
- Sensitivity to light (photophobia)
- Dry eyes

If you notice any of the above:

**Immediately remove your lenses:**

- If the discomfort or problem stops, then look closely at the lens.
- If the lens is in any way damaged, do not put the lens back on your eye. Place the lens in the storage case and contact your eye care practitioner.
- If the lens has dirt, an eyelash, or other foreign body on it, or the problem stops and the lens appears undamaged, thoroughly clean, rinse and disinfect the lens, then reinsert it.

**If the problem continues or if a lens appears to be damaged, DO NOT REINSERT. Contact your eye care practitioner immediately.** If any of the above problems occur, a serious condition such as infection, corneal ulcer, neovascularization or iritis may be present. Seek immediate professional identification of the problem and treatment to avoid serious eye damage. When you visit your eye care practitioner for the assessment of a potential eye infection, take your lenses, solutions and lens case to your appointment for possible culturing in order to better establish the identity of any microorganisms.

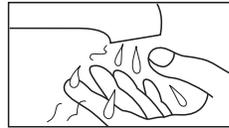
### Good Lens Care Hygiene:

- Always wash and rinse your hands before you handle your lenses.
- Clean, rinse and disinfect your lenses each time you remove them.
- Always handle the same lens first, the right or the left, in order to avoid mix-ups.
- Before first and after each use, always empty and rinse the lens case, and allow to air dry.

### Directions for Use

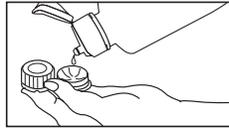
**To ensure proper disinfecting, all steps listed below must be followed:**

- Wash your hands with mild soap. (Caution - pump soaps may contain oil-based suspension agents.)
- Place lenses in empty lens case and fill to top ridges with fresh Boston SIMPLUS Multi-Action Solution. **Soak lenses for at least 4**



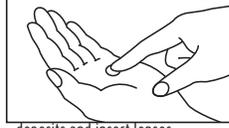
hours (or overnight) before wearing.

- Wash hands with mild soap before cleaning (rubbing) lenses. After soaking, remove lenses from lens case and rub both sides of



the lenses carefully with 4 drops of Boston SIMPLUS Multi-Action Solution in the palm of your hand for 20 seconds. **NO SEPARATE DAILY CLEANER IS REQUIRED.**

- Rinse for approximately 5 seconds with a steady stream of Boston SIMPLUS Multi-Action Solution to eliminate loosened surface



deposits and insert lenses.

- Discard solution from lens case after each use.



For lens rewetting and lubrication, use Boston® Rewetting Drops

**How Supplied:** Boston SIMPLUS Multi-Action Solution is supplied sterile in 1 FL OZ (30 mL) and 3.5 FL OZ (105 mL) bottles. All retail Boston® Solutions are packed in unit cartons. Bottles are sealed with an imprinted neckband and marked with a lot number and expiration date.

Questions or Comments:  
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